

Leeds Adel Mens 7-a-side Summer League Rules 2015

Adel War Memorial Association (AWMA), Church Lane, Adel, LS16 8DE

Please email / tweet the results of each match within 48 hours
Email: hockeyinleeds@gmail.com Twitter: @hockeyinleeds

League set up

1. The summer league will take place on Wednesdays, starting Monday 1st July and will run until Wednesday 9th September.
2. 3 points will be awarded for a win and 1 point for a draw. In an event of equal points, league positions will be determined by goals scored/conceded.
3. Games will start at 7.30pm and 8.30pm prompt.
4. The cost will be £20 per team per night payable **on the night** to a Leeds Adel representative on the night.

(Designated collectors are Greg Hilton, Robin Walker or Sam Ransley – any Adel person can point us out).

5. Teams wishing to pay en bloc please contact Greg on hockeyinleeds@gmail.com before the date of their first match (internet transfer available)
6. **Please provide a competent umpire.** If you are having trouble finding one contact the teams playing before or after your game to perhaps arrange a swap.
7. Pitch 1 is closest to the gate and Pitch 2 is at the far end.
8. The first named team is to provide a match ball.
9. The second named team is to change shirt and/or socks if there is a colour clash.

Team contacts:

Leeds richard.goulsbra@dwp.gsi.gov.uk
Boston Spa cd_chambers@hotmail.co.uk
Leeds Black - robindwalker@gmail.com
Leeds Orange - sam.ransley@morrisonus.com
Ramgharia - gurmukhpan@gmail.com
Harrogate - graemebevington@hotmail.com

League Rules

1. We will allow the new "playing the ball over shoulder" as it will give the umpires practice on deciding whether there is danger. Please make sure players use their judgement on this as summer 7s is primarily about fun and fitness.
2. The matches will be played across our Astroturf so half pitch games.

3. Matches will be 25 minutes each way. There will be no injury time. In the event of a late start the time must be reduced accordingly.
4. All rules will be as for 11-a-side except for:
 - At short corners, 4 defending players and the GK must be inside the goal or on the opposite side of the goal from where the corner is being taken. The remaining 2 players to go into the other 'D'.
 - All attacking free hits awarded within 3m of the 'D' (not the usual 5m) will be taken back to the 3m marking outside the 'D'. The ball must be moved 3m or be touched by another player (of either team) before being hit into the 'D'.
 - Dead ball situations are treated like a dead ball situation within the 23m (25rd) line. i.e. No direct balls into the 'D' until the ball has been moved 3m (not the usual 5m).
5. If your team is unable to attend please contact Greg on 07831 222164. There will be no charge if more than 48 hours' notice is given but the £20 fee will be payable if less or no notice is given.
6. If a team, in the opinion of the organisers, is behaving in an appropriate manner and spoiling the enjoyment of the event for others, then that team may be requested to withdraw from the league.

Facilities

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- Changing rooms will be available but please do not leave your belongings in them as they will not be locked.
- You are welcome to use the bar before and after matches but please leave kit outside the bar area.
- Do not park on the roadside as this is a traffic offence and you could end up with a fine! We have also been asked by nearby neighbours not to park in the residential areas. There is an overflow carpark further up the road.

Organiser: Greg Hilton | hockeyinleeds@gmail.com | 07831 222164 | [@hockeyinleeds](https://www.instagram.com/hockeyinleeds)