



Leeds Adel Hockey Club Code of Conduct: Players

As a player of Leeds Adel Hockey Club you are required to comply with this policy.

Training

In order to contend for a place in any team players are expected to attend training regularly. In training we develop a team spirit, practice the principles set by the philosophy and in order to get fit. If you are not training regularly then it follows that you cannot be working towards the objectives of the team. Regularly attend and work hard during training and you will be considered for selection. If you cannot attend training, let the captain or coach know.

Communication

Do your best to maintain communication between your captain/coach to keep everyone informed of your availability. It is far less hassle for many to make one phone call than for one to make many. If you have a point to make about club matters, please seek to discuss these in a discreet manner. The aim is to ensure all players are aware of who they are selected for by the Wednesday of each week. Players communication allows this be made possible earlier in the week.

Pre game

On match days arrive at the correct time and places as stipulated by the captain/coach. Communicate with them if you think you are going to be late.

All players when representing the club shall act and dress accordingly. The club colours are Black shirts with orange trim (provided by captains), black shorts and black socks. The club have an agreed supplier for all elements of the kit and players should adhere to this.

Players waiting to use the pitch should congregate outside the fence. Only players of the game in progress should use the dugout areas on the far side of the pitch.

During the game

The captain/coach is responsible for the conduct of their team. To help with this all players are to;

- Behave in a sporting manner at all times to all players, officials and spectators.
- Play by the rules at all times and ensure that the game of hockey is not brought into disrepute by your actions.
- Accept responsibility for your actions, exercising reasonable care to prevent injury by ensuring you play within the rules.
- Do not try to achieve a contrived outcome to a match or competition, or otherwise improperly influence the outcome or any other aspect of a match or competition.
- Be respectful to the umpires. Abuse of an umpire whether verbal or physical will not be tolerated. Never argue with an umpire. If you have a concern or query then ask your captain/coach to approach the umpire. Do not pursue these actions post match.



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- Coaches, managers and players are to remain in their designated area in the immediate area around their dugout. No-one must cross the half way line in front of the away team dugout.
- Substitutes must wear a different colour top from your playing strip. They are expected to act with dignity, and contribute to the team by supporting their team mates through encouragement.
- During team talks have the courtesy to listen to what is being said. Encourage and support the team goals.

Post-Game

- At the end of the game always thank the opposing players and umpires.
- All players must perform a cool down as a team regardless of the result.
- Encourage the opposition and umpires to have teas at the Club.